

# DAGALA THOUSAND LAKES TREK

## Day 1

### ARRIVAL BY DRUK AIR TO PARO

Fly into Paro. If from Delhi/Kathmandu the flight over the Himalayas is one of the most spectacular experiences one will ever experience. You will fly past Mt. Everest, Kanchenjunga and the entire Himalayan range visible on the left side. On landing at Paro you will be met by our representative. Drive to Thimphu 2 hours. Overnight Hotel.

## Day 2

### THIMPHU SIGHTSEEING

Morning start the sightseeing with Zelukha Nunnery, National Library, Memorial Chorten of Late King, Handicrafts Emporium, Post Office, School of Arts & Crafts and walk around Thimphu city for shopping of souvenirs from Bhutan. If this day falls on a Saturday or Sunday a visit to the Weekend Market is a must. Overnight at Hotel.

## Day 3

### THIMPHU – GEYNIKHA

Morning continue sightseeing. After lunch you will drive to the starting point of your trek You drive for 29km (1 hour approx) to a road junction on the Thimphu-Paro highway after which you take an uphill drive for 16 km on dirt road (2 hours approx). Camp at Geynikha 2950m.

#### **Day 4**

### **GEYNIKHA – GUR**

Trek Day 1 – Start of Trek: Distance 5 km and walking distance 4 hours. Starting at Geynikha 2950m and camp at Gur 3350m. Today your trek will take you through alpine flora and fauna (different kinds of birds can be seen). 2 hours of gradual uphill walk and rest at a huge rock platform reveals the beauty of nature below. Another 2 hours walk ends the day's trek.

#### **Day 5**

### **GUR – LABATAMBA**

Trek Day 2: Distance 12 km and walking time 5 hours. Starting at Gur and camp at Labatamba (4300m) The trek today will cross the ridges and amidst flowers and wild asparagus (in spring) with the mountain side meadows which will freshen the trekkers with poetic sentiments. You will see the spectacular view of the Dagala Range, meadows and yak herders camp from the first pass you will be crossing at 4240m. Lunch will be served nearby a yak herders camp. After lunch walk for about 2 hours across hills and meadows. Camp near Utsho lake where plenty of golden trout flourish.

#### **Day 6**

### **LABATAMBA HALT**

Trek Day 3: Excursion to nearby lakes.

#### **Day 7**

### **LABATAMBA – PANKA**

Trek Day 4: Distance 8km and walking time 4 hours. Starting at Labatamba and camp at Panka (4000m). Today you start your day's trek for 20 to 30 minutes uphill before descending down the valley. You will get very good views of the Western Himalayan range inside Bhutan. The trek will take you through meadows, lakes and shrubs. Camp at Panka.

### **Day 8**

#### **PANKA – TALAKHA**

Trek Day 5 : Distance 8 km and walking time 4 hours. Starting at Panka and camp at Talakha (3080m) The days trek will be passing several passes each reveling its own beauty. Lunch will be at a junction which leads to Wangduephodrang. After lunch around 1 hours gradual climb brings you to the last of the Dagala range from where you will have a spectacular view of Thimphu. Camp near Talakha monastery and village.

### **Day 9**

#### **TALAKHA – THIMPHU**

Trek Day 6 – End of Trek : Distance 3 km and walking time 3 hours. Today's trek will be through alpine forest, mixed vegetation and apple orchards. The trek ends at the road head above Simtokha Dzong. Drive to Thimphu (20 minutes). Afternoon at leisure. Overnight at hotel.

### **Day 10**

#### **THIMPHU – PARO**

Morning at leisure or if today is a Saturday or Sunday then visit the Weekend Market. Early lunch and then drive to Paro (2 hours) and sightseeing. Visit the National Museum , drive to Drukgyel Dzong, evening explore Paro town.

### **Day 11**

#### **DEPARTURE**